

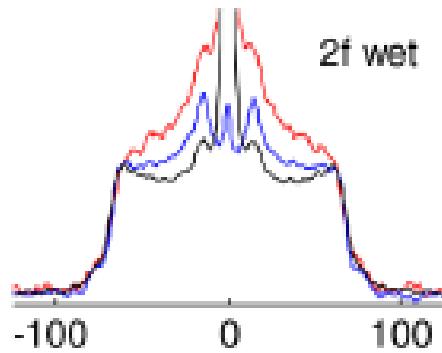
## **Supporting Information**

### **Phenyl-Ring Dynamics in Proteins and Amyloid Fibrils: the Consistent Microscopic-Order-Macroscopic-Disorder Perspective**

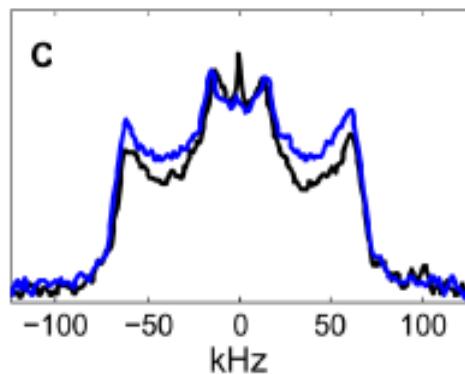
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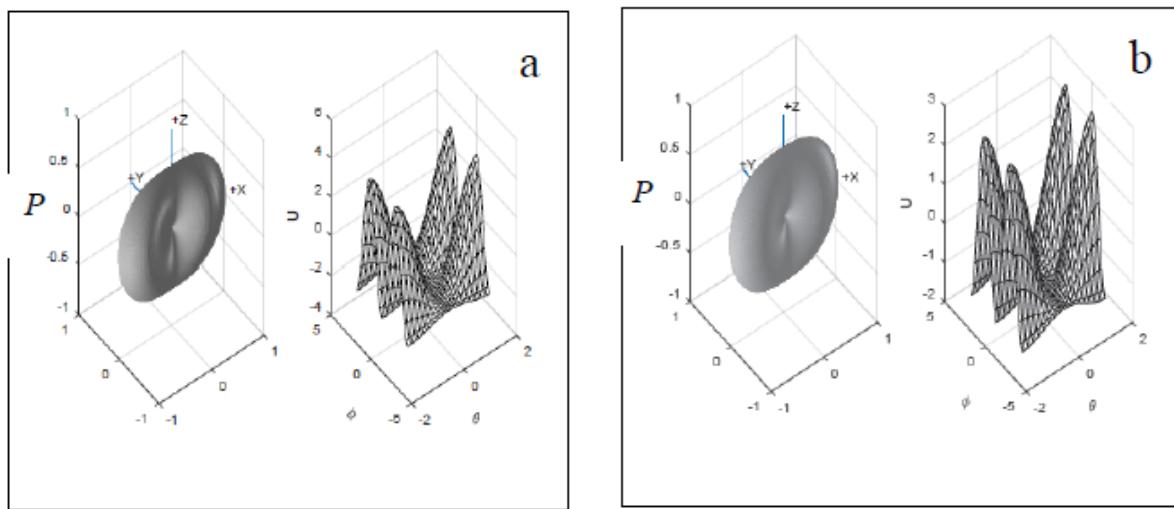
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**Figure S1.** <sup>2</sup>H quadrupole-echo spectra of F19 in the hydrated 2-fold-symmetric striated-ribbon A $\beta_{40}$  amyloid fibril-variant (2fw) at 278 (black), 295 (blue) and 308 (red) K.<sup>1</sup>



**Figure S2.** <sup>2</sup>H quadrupole-echo spectra of F58 at 295 K in hydrated (black) and dry (blue) HP36.<sup>2</sup>



**Figure S3.** 3D plots of the potential  $u = -1.8D_{00}^2 - 2.6(D_{02}^2 + D_{0-2}^2)$ , and the corresponding probability density,  $P = \exp(-u)$  (part a); 3D plots of the potential  $u = -1.2D_{00}^2 - 1.8(D_{02}^2 + D_{0-2}^2)$ , and the corresponding probability density,  $P = \exp(-u)$  (part b).

## References

1. Vugmeyster, L.; Clark, M. A.; Falconer, I. B.; Ostrovsky, D.; Gantz, D.; Qiang, W. Flexibility and Solvation of Amyloid- $\beta$  Hydrophobic Cores. *J. Biol. Chem.* **2016**, *291*, 18484-18495.
2. Vugmeyster, L.; Ostrovsky, D.; Villafranca, T.; Sharp, J.; Xu, W.; Lipton, A. S.; Hoatson, G. L.; Vold, R. L. Dynamics of Hydrophobic Core Phenylalanine Residues Probed by Solid-State Deuteron NMR. *J. Phys. Chem. B* **2015**, *119*, 14892-14904.